

# Yorkeys Knob Matters

## President's Report

It's October and that means it's time for our Annual General Meeting. This will be held ahead of the regular monthly meeting on Tuesday the 31st October. The AGM will commence at 7pm and will provide an overview of the past 12 months activity and financial reporting. All committee positions will be vacated at this meeting with voting for candidates to take the committee forward into the following year.

Nominations for committee positions must be received 14 days ahead of the AGM, so that is by Monday 16th October. Nomination forms will be forwarded to **financial members** separately to this newsletter.

It has been an interesting time for me as the association President since first election in October 2019. Members and residents of our community will recall since that time we have;

- somehow managed our ways through the covid-19 pandemic (yes, I also was put into quarantine lock down),
- we took a fresh look at our Christmas event and the Festival of the Knob to expand the attraction to a broader section of community with their move to our beautiful beachfront
- monitored and challenged the oversized proposed Wellness Centre/ Short Term Accommodation development for Buckley Street.
- negotiated with Queensland Government regarding the public housing development in Cunninghams Street, achieving a reduction from 3 to 2 stories and the retention of more trees

Solid planning and financial management of this committee have enabled the expenditure of funds to;

- purchase a defibrillator available for 24 hour use in the shopping centre
- Develop an interpretive sign for the Ray Howarth Reserve on Buckley Street
- Purchase a stage backdrop with artwork for a new marquee donated by a community member

These all contribute to make our community the wonderful and quirky suburb that it is. The committee quietly goes about performing their functions with little attention, but without their work, our association wouldn't be able to continue to function.

I look forward to financial members coming along to take part in the AGM and welcome nominations from eligible members (financial resident members).

**ANNUAL GENERAL MEETING 7.00PM followed by monthly meeting at 7.30PM TUESDAY 31st OCTOBER**  
**Yorkeys Knob Community Centre**

**Adrian Gover**  
**President**



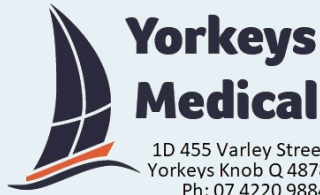
The popular Japanese Drummers are expected to return this year for the Twilight Christmas Markets

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**YORKEYS KNOB  
RESIDENTS  
ASSOCIATION**





**Yorkeys  
Medical**

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**IS YOUR HEARING AFFECTING YOUR BRAIN HEALTH?**

AUDIOHEALTH  
*hear well, live well*

**FREE EVENT**  
WED 4th OCT | 10-11:30AM  
BROTHERS LEAGUES CLUB

HEAR FROM OUR PANEL OF HEARING EXPERTS

Dr Judy Grobstein  
Director of Audiology

Kamahl - Special Guest  
AUDIOHEALTH Client

Joanna Magge  
AUDIOHEALTH Director

AUDIOHEALTH PROUDLY PRESENTS

**KAMAHL**

FRIDAY 6TH OCT  
BROTHERS LEAGUES CLUB

DOORS OPEN  
7:00PM

AUDIOHEALTH  
*hear well, live well*

"Kamahl's stress-free, from his Opera House 50th anniversary performance, will regale audiences with joyous sounds, songs, prose, anecdotes, and unforgettable memories."

GENERAL ADMISSION \$38 | VIP CONCESSION \$35

United NP Concession tickets available. Pricing subject to AUDIOHEALTH terms. To purchase tickets or learn more, scan the QR code or visit audiohealth.com.au/brothers-leagues

## A Note From Our Doctor MyMedicare is coming!

**MyMedicare** is a new government incentive to assist you with your health journey. Patients must have a Medicare or Department of Veterans' Affairs (DVA) Veteran card to register in **MyMedicare**. There'll be options for patients to register online or in-person at their registered general practice.

There will be changes to how Medicare will cover some services.

It is designed to improve continuity of care for you, between your doctor, allied health professionals and the hospital services even while travelling through telephone consultations. Patients with complex and/ or chronic medical conditions are a priority for the government to ensure that correct health care and planning are attended and managed effectively.

**Registration will begin to roll out on 1<sup>st</sup> October 2023.**

**You can pick the GP of your choice BUT can only register at 1 practice to receive the benefits.** For more information talk to your local GP or practice nurse.

### Looking for volunteers

We are looking for volunteers to participate in a trial programme designed by the Royal Australian College of General Practitioners and fully funded by the government.

**Do you have a chronic disease or are risk of developing a chronic disease?**

The Healthy Habits programme helps you to set achievable physical activity, weight management, with nutrition goals and supports GPs and Primary Care Nurses to review and celebrate your progress via a connected patient app.

This is more than just having an app on your phone that you may set and forget about, it is about changing habits and developing confidence in managing your health with a support team to help you achieve your goals.

Call into Yorkeys medical for information and to have assistance to download the app.

**Jeni Jones RN Practice Nurse  
Yorkeys Medical**

Please note the following events supported by Yorkeys Medical:

Is your hearing affecting your brain health?

Hear from our panel of hearing experts

**AudioHealth** free event with Special Guest—Kamahl.

4th October 2023, between 10am and 11.30am at Brothers Leagues Club

Then:

**AudioHealth** proudly presents iconic performer, Kamahl.

6th October 2023, from 7pm at Brothers Leagues Club

General Admission \$38 or VIP concession \$35

**Birgit Stehle-Kawohl  
Yorkeys Medical**

What's On At...

**The Gifting Gnome**

Search this month's  
Creative Workshops

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## Absolute Art Exhibition in Yorkeys Knob

The annual Absolute Art Exhibition will be held on the weekend of the 14th and 15th of October at the Community Centre in Wattle Street. The exhibition will be open between 10am and 3pm both days.

Absolute Art is a collective of local artists who meet weekly to support and encourage each other through their painting. The exhibition has become a popular inclusion in the Yorkeys Knob events calendar over several years.

Most artwork is for sale, but the exciting part is the opportunity for members of the community to vote for their favourite work of art. This year, the community choice award has again been sponsored by Alex of Ten 06 restaurant.

Pop in and support your local artists!



## Pharmacy news

Due to staff shortage, unfortunately the Yorkeys Knob Pharmacy will be closed from Monday 23rd October to Tuesday 14th November.

Any patients who have their prescriptions on file at the pharmacy are urged to call in and pick them up, as there will be no access to the pharmacy during this time.

Should there be any change, these arrangements will be updated as soon as possible.

We apologise for this interruption to our service.

**Yorkeys Knob Pharmacy**

**07 4055 8889**

## Dementia Awareness Month

Memories Café on Varley Street is fundraising in October for Dementia Awareness Month—"Cuppa Time for Dementia". Owner Amanda says, "I've decided to donate 20c per drink that we make at Memories Café for the month towards the fundraising, for such a worthy cause. I wasn't there for my mum's last breath in the UK, after she battled this nasty condition, however, I was for some of the Cairns community during my six years in aged care, when they had no one. So why don't you pop in for a cuppa and something to eat and introduce yourself. My staff and I will endeavour to remember your name for next time. There are QR codes around the shop and a charity tin and money box near the till. Every cent helps."

Memories Café is at shop 7, 471-475 Varley Street, near the pharmacy and LJ Hooker. It is open daily from 6.30am until 2pm throughout the week, and midday at weekends.

The best part of a memory, is making it!



**Amanda Stuart**

**Memories Café**

**07 4055 8450**



Dine in or take away  
Salads, Pizzas,  
Burgers, Fish & Chips  
and Coffee  
Open  
Tue-Fri 10am - 8pm  
Sat-Sun 11am - 8pm  
Mon Closed

**Ph 4055 8221**

**YORKEYS JUDO & TRAINING DOJO**

**2000-2023**







## Twilight Christmas Markets—Planning Underway

In 2020, the Yorkeys Knob Residents Association hosted a new format Christmas event on the Sims Esplanade parklands in Yorkeys Knob, featuring Christmas Markets, on stage entertainment and a licensed food and beverage area. This event has rapidly grown, with the annual Festival of the Knob also moving to our beautiful beachfront. The increasing popularity of the event has placed extra pressure on the financial responsibility to the association, with additional traffic management, security, sound and stage, and additional sanitary (toilet) provisions.

A few months ago, Yorkeys Knob Residents Association made an application to Cairns Regional Council with the **Community Partnerships Grant Program**. In September, the association was advised by Council that it was successful in its grant application to host the Twilight Christmas Markets again this year.

Planning is now well underway. There will be more comprehensive information provided in the November newsletter, but as a snapshot, please note the following information:

Twilight Christmas Markets

Saturday 25th November, 4pm to 8pm

Sims Esplanade Parklands, Yorkeys Knob

A selection of Food trucks will be supported by MacAlister's Brewery and Narrow Tracks Gin Event entertainment includes:

Far Northern Brass

Cairns String Orchestra

Jazz Academy

Japanese Drummers

There will be a range of markets selling Christmas gift ideas and of course, Santa Claus is expected to make his appearance.

## Emergency Services Day on the Northern Beaches

Each year, Cairns Regional Council hosts an Emergency Services Day, ahead of the storm season. Traditionally, these events have been held on the southside of Cairns at the region's Disaster Centre. This year, the event is making a change to the northern beaches, to Holloways Beach. Take advantage of this event, and pop down to help in your season preparations.

**FREE SAUSAGE SIZZLE**

**Get Ready Emergency Services Day**

Come along to help get your disaster plans in order. Meet our local firefighters, SES, ambulance, and police.

**Saturday 7 October**  
**10am - 3pm**

Holloways Beach Community Hall  
Syd and Jane Granville Park, Cassia Street

**FAMILY FUN**

**SES**

**Cairns**



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## Yorkeys Knob Boating Club

Yorkeys Knob Boating Club & Half Moon Bay Marina  
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[www.ykbc.com.au](http://www.ykbc.com.au)



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